



Registration

TUESDAY, AUGUST 22

Class and day trip registration opens for everyone at 8:30 a.m.

OLLI Guidelines

Before participating in a class or trip with OLLI, please read this important information.

All members and non-members will be required to adhere to the following guidelines for local trips and multiple-day trips.

Membership Benefits

OLLI annual memberships run from September 1 through August 31. Members enjoy discounted prices on classes and day trips as well as the following benefits.

Memberships are \$70.

Monthly Meetings

Members enjoy monthly meetings each year that feature a speaker and a chance to socialize with other members. Guests are welcome to attend one OLLI monthly meeting without charge to experience the program. Those who wish to attend more than one meeting may join OLLI or pay \$10 per meeting. These meetings are face-to-face, as guidelines permit.

Interest Groups

Interest groups are for OLLI members and offer a chance to meet on a regular basis with others who share a passion for a sport, social activity, or specific interest. For more information on leader information and our 16 current groups, visit svsu.edu/olli, or call OLLI at (989) 964-4475.

Member Newsletter

Monthly electronic copies of *The Adventurer* and regular emails update members on OLLI programs and other SVSU activities, such as lectures, concerts and theatre productions.

Member Discounts

Classes

OLLI offers unique classes that are all about learning — but without tests, grades and homework! Classes meet a variety of times and days; there are no long-term commitments. Classes are offered face-to-face, as guidelines permit.

Travel

We offer educational and “just plain fun” day trips and multiple day domestic and international travel opportunities with OLLI members. We generally plan up to 12 day trips or local adventures per semester and several extended excursions each year.

Ryder Center

With proof of your OLLI membership, you can purchase a discounted membership at SVSU’s Ryder Center. The rate for this membership, with the OLLI discount, is \$200 per year. This provides access to three different walking/jogging tracks, full cardio/weightlifting areas and a pool. Please contact the Ryder Center at (989) 964-4906 for current guidelines and regulations.

Locations for OLLI Classes

Each class description includes a room number; the letter that precedes the number indicates the building. On-campus locations include:

- C - Curtiss Hall (#11 on campus map)
- R - Ryder Center (#36 on campus map)
- A - Arbury Fine Arts Center (#1 on campus map)
- H - Bachand Hall (Health & Human Services Building) (#22 on campus map)
- GS - Gilbertson Hall, South Wing (#19 on campus map)

Off-campus locations include:

- SVSU Riverfront, 200 S. Washington Ave., Saginaw
- Memorial Park Building, 150 Park St., Freeland

To view a map of campus, go online to: svsu.edu/media/visit/docs/Campus%20Map.pdf.

Cancellation Policy for Classes

There is a \$10 cancellation fee. The balance of the registration fee will remain as a credit on your account, or be refunded (minus the cancellation fee); if less than one week, no refund will be given. If the university is closed due to weather or other reasons, we will make every reasonable attempt to reschedule missed classes.

Cancellation Policy for Day Trips

Day trips are non-refundable unless we can fill your spot, from that trip waitlist, in which case you will receive your registration fee, minus a \$10 cancellation fee. If the university is closed due to weather or other reasons, day trips will go on as scheduled unless you are directly notified of other plans.

Weather Cancellation Policy

If SVSU is delayed or closed, the OLLI office and classes will also be delayed or closed accordingly. Missed classes may be rescheduled. Day trips will go on as planned.

Four Easy Ways to Register

You may register online at svsu.edu/olli, in person, by phone or by mail. Payment is accepted by credit card or check. We accept Visa, Mastercard, American Express and Discover. Please do not leave any registration or credit card information on our voicemail. Registration payments made through the mail are processed after registration opens.

Exercise, Sports, & Fitness

All OLLI members and non-members taking a fitness class through OLLI MUST obtain a Ryder Center identification card, as pictured to the left. This ID is separate from your OLLI membership card. Please show up to your first class at Ryder at least 30 minutes early to get a card at the desk or stop in anytime beforehand. For all fitness classes, users must enter through the Fitness Center south recreation entrance off Lot R.



2024 MULTI-DAY TRAVEL SCHEDULE

Holland & Belgium in Springtime – River Cruise



Tentative travel dates: April 7-18, 2024

Travel Partner: Grand Circle Travel

Experience the uniqueness and popularity of “river cruises.” You will embark on an exploration of warm and colorful Holland and Belgium from Amsterdam to Brussels. Throughout your explorations on this river cruise you’ll meet local people and gain an intimate understanding of the real Holland and Belgium, not just

a superficial view. You’ll discover Kinderdijk’s iconic windmills — a UNESCO World Heritage site. Visit a family-owned tulip farm in Amsterdam to learn about the daily life of modern tulip farmers and enter the home of a local family in Enkuizen for a home-hosted *Op de Koffie*, where you will share coffee, cake and conversation.

Alaska Discovery Land & Cruise (Featuring a Seven-night Holland America Cruise)



Tentative travel dates: June 5-16, 2024

Travel Partner: Collette

An SVSU-OLLI “favorite” itinerary! Traverse the Pacific coast by land and sea aboard one of Holland America Cruise Lines’ lovely ships on a breathtaking journey that takes you from Alaska to Vancouver, British Columbia. Cruise the Sternwheeler Discovery and encounter Alaska’s diverse culture and rich history. Enjoy local dishes and a lively musical performance at the Denali Dinner Theater

about the first brave men to summit Denali. Ride a luxury domed rail car from Denali to Talkeetna, soak in views of the incredible landscapes from glass-ceiling rail cars and open-air observation platforms as guides provide expert commentary. Travel deep into Denali National Park for the best opportunities to view the region’s wildlife. Cruise through Glacier Bay and the Inside Passage, taking in rugged natural wonders. Explore Alaska’s gorgeous capital, Juneau. Visit Ketchikan, the “Salmon Capital of the World.” This is Alaska as you always imagined.

Fall Foliage Tour: The Canadian Maritimes (With Possible Newfoundland Extension)



Tentative travel dates: September 17-28, 2024

Travel Partner: Go Ahead Tours

This will be the first time SVSU-OLLI has traveled to this destination. Enjoy rural scenery and rugged coastal landscapes as you journey off the beaten path to discover one of Canada’s most storied regions. Uncover immigrant history, fascinating Acadian culture and the tranquil lifestyles of quaint fishing villages as you get to know Nova Scotia, New Brunswick and Prince Edward Island.

Picturesque sea views, small-town charm and a colorful past collide on this breathtaking trip.

Greece: Athens, Mykonos & Santorini



Tentative travel dates: October 13-23, 2024

Travel Partner: Go Ahead Tours

Travel to Greece with fellow OLLI friends to experience the history, culture and islands of this region. Cobblestone streets, arched white facades, ocean blue roofs and larger-than-life windmills are just a few of the picturesque Greek landscapes you can expect to find on this tour. Experience ancient history and open-air museums in the capital of Athens. Then, the quintessential, beautiful Greek islands

you’ve been dreaming of come to life on the isles of Mykonos and Santorini.

MONTHLY MEETINGS

Join us in person for the Monthly Meetings — doors open at 8:45 a.m., with the meeting beginning at 9:30 a.m. Meetings will be in the Curtiss Hall Banquet Rooms. RSVP is required.

September 13, 2023 – The Midland Saxophone Quartet



Featuring John Anderson, Tenor; Larry Carbary, Baritone; Phil Bossenberger, Alto; and Tim Lemke, Soprano

The Midland Saxophone Quartet plays a variety of music in numerous venues. The quartet is performing for OLLI in celebration of our American heritage of Jazz. Guest artist Colin Wood, director of Jazz studies at SVSU, will perform with the quartet on the Tenor saxophone. The quartet plays regularly at the Midland Center for the Arts, the Midland

downtown commons series, Saginaw Spirit games and Great Lakes Loons games.

October 11, 2023 – Saginaw River: The Docks, Cargoes and Vessels



Presented by Todd Shorkey

Commercial shipping vessels travel into the Saginaw River each year carrying many different items, aggregate and rocks, cement and wind turbine components that are used across the mid-Michigan area. Todd Shorkey will share with OLLI his experience working on the Saginaw River. Todd started working as a deckhand for the Bay City Boat Lines in June 2010. He received his Merchant Mariner Credential/100-ton Captain’s License in April 2018 and

still works as a captain and deckhand for Bay City Boat Lines on the Princess Wenonah and Islander vessels. Todd started logging every vessel passage on the Saginaw River in 2005 and has continued every season compiling records of the vessels and the docks they visited. Join OLLI as Todd shares his research and pictures of shipping on the Saginaw River.

November 8, 2023 – There’s Always Hope: Bay City Veteran, P.O.W.



Presented by Bob Hayhurst

Not many can say they survived as many close calls as Vietnam veteran Bob Hayhurst, who is one of only 33 POWs who escaped during the Vietnam conflict. Bob, who was captured during the Tet Offensive in Hue City, was a prisoner from February 1-23, 1968, near the Laotian border. Join OLLI as we celebrate Veterans Day and as Bob shares with us his very interesting story.

SOCIAL EVENTS

(01) SVSU Homecoming Tailgate

Show your Red Pride by joining OLLI for the SVSU Homecoming Tailgate Experience! This is sure to be fun for the entire family. The SVSU Homecoming Experience Tailgate includes:

- Entrance to the Alumni Tent
- \$10 voucher towards the food trucks located near the tailgate area
- Two drink tickets to be used inside the tailgate area for alcoholic and non-alcoholic beverages
- Inflatables and activities for children
- Exclusive, up-close view of the homecoming parade
- Ticket to the game as the SVSU Cardinals take on Wayne State University

Date & Time: Saturday, 10/21

Location: SVSU Parking Lot E

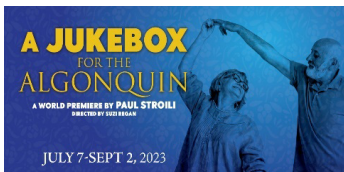
Price: \$15 per ticket, per person for members and non-members

DAY TRIPS

Motor Coach/Day Trip Rules

- Some venues may require vaccination, testing and/or face masks before entering.
- PLEASE PLAN FOR A FULL DAY. Motorcoach trips run approximately from 7 a.m. to 7 p.m.
- Trip details will be made available by email 48 hours in advance.
- Please contact the OLLI office at (989) 964-4475 for more information.

(02) *A Jukebox for the Algonquin* at the Purple Rose Theatre



Join OLLI members for another performance at an OLLI favorite theatre, the Purple Rose Theatre in Chelsea. The setting for this performance takes place at a senior living community in the Adirondacks. *A Jukebox for the Algonquin* is a tale about those who will not be forgotten — a serious comedy about sex, drugs and rocking chairs.

A small group of residents decide they're not quite ready to "go gentle into that good night." This band of displaced former city dwellers from Brooklyn and The Bronx hatch a plot to prove that aging is not a New York state of mind. **Contains adult language and content.** Prior to the performance, we'll have lunch at the Smokehouse 52 BBQ. This trip includes motor coach transportation from SVSU, tickets to performance and lunch.

Date & Time: Wednesday, 8/30 • 7 a.m. - 6 p.m.

Price: \$130 for members • \$150 for non-members

(03) Rum Runners Tour – The Story of Prohibition in Windsor & Detroit

If you think you know the story of Prohibition, think again. Go back in time to the Roaring '20s as costumed actors tell the story of Prohibition and Windsor's connection to gangsters such as Al Capone and the Purple Gang. Learn the bootleggers' secrets and see where they hid out. We'll visit several historic sites as our performers re-enact the fabled past of rum running on the Detroit River, Windsor, Ontario. We'll visit the church made famous by the gun-toting "Fighting Parson" and view the mansions built with rum-running profits. An educational, comical, musical motorcoach tour with great food, humor and music. This is a trip you and your friends are not going to want to miss. Our lunch will be at a re-enacted Speakeasy. This trip includes motor coach transportation from SVSU, Rum Runners tour experience and lunch. **You MUST BRING either an "enhanced driver's license" or your passport to cross the U.S./Canada border by motorcoach.**

Date & Time: Wednesday, 9/20 • 7 a.m. - 6 p.m.

Price: \$155 for members • \$175 for non-members

(04) *Let's Groove Tonight* at Detroit Symphony Orchestra & Motown Museum Tour



Detroit's Motown defined an era. Not to be outdone, Philadelphia created its own essential listening. Philly Sound hits — such as *Ain't No Stoppin' Us Now*, *You'll Never Find Another Love Like Mine* and *You Make Me Feel Brand New* — face off with Motown classics, including *What's Going On*, *I Heard It Through the Grapevine*, *I'm Coming Out* and more! Following the performance, we'll head to lunch at Fishbones in Greektown, followed by a guided tour of the Motown Museum in the afternoon. From

the moment you walk through the door, the Motown Museum transports you into an era of musical magic. The tour will include curated exhibits and original recording equipment from Studio A. You'll hear the fascinating history, anecdotes and captivating stories that took place at Hitsville U.S.A., now home to the Motown Museum. This trip includes motor coach transportation from SVSU, Motown Museum tour, tickets to performance and lunch at Fishbones.

Date & Time: Friday, 10/6 • 7 a.m. - 6 p.m.

Price: \$165 for members • \$185 for non-members

(05) *To Kill A Mockingbird* at the Wharton Center



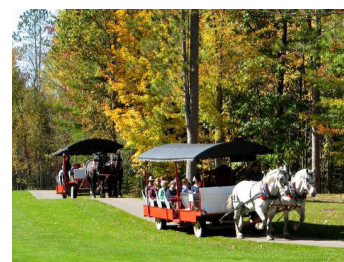
OLLI will travel to the Wharton Center in October to see *To Kill A Mockingbird*, the Academy Award-winner Aaron Sorkin's adaptation of Harper Lee's Pulitzer Prize-winning masterwork. *The New York Times* Critic's Pick *To Kill a Mockingbird* is "the most successful American play in Broadway history." You won't want to miss this performance as Rolling Stone gives it five stars, calling it "an emotionally shattering landmark production of an American classic," and *New York Magazine* calls it "a real

phenomenon. Majestic and incandescent, it's filled with breath and nuance and soul." With direction by Tony Award® winner Bartlett Sher, *To Kill a Mockingbird* — "the greatest novel of all time" (*Chicago Tribune*) — has quickly become "one of the greatest plays in history" (NPR). This trip includes motor coach transportation from SVSU, tickets to performance and lunch at Bravo Italiano prior to the performance.

Date & Time: Saturday, 10/7 • 7 a.m. - 6 p.m.

Price: \$190 for members • \$210 for non-members

(06) Elk Viewing Carriage Ride & Gourmet Lunch at Thunder Bay Resort



We're heading north to Hillman, Michigan, to enjoy the beautiful scenery and some fine dining. We'll arrive at the resort around lunchtime and your adventure will begin as you board a horse-drawn carriage that will take you through the wooded resort and into the Elk Preserve where you will get a close look at majestic bull elk. Our deep-woods destination is the Elk Antler Log Cabin, where the resort's culinary staff will prepare a five-course meal, which even includes locally produced wine. After lunch,

we'll take the same route back through the woods to the motor coach. This trip includes motor coach transportation from SVSU, carriage ride and lunch with wine.

Date & Time: Wednesday, 10/18 • 7 a.m. - 6 p.m.

Price: \$225 for members • \$245 for non-members

(07) Penguins, Tigers and Bears at the Detroit Zoo

Established in 1928, the Detroit Zoo is situated on 125 acres with naturalistic habitats. It is one of the most favorite attractions in Michigan — home to more than 2,000 animals of more than 200 species. Our visit will include three habitat chats where we will learn more about the animals who call the zoo home. At these special segments, we'll hear directly from zoo staff and volunteers about these favorite animals and have the opportunity to ask your most curious questions. The habitat chats included in this visit will be the Polk Penguin Conservation Center, as well as the tiger and polar bear habitats. This trip includes motor coach transportation from SVSU, admission to the zoo, three Habitat Chats and a \$20 lunch voucher at the zoo café.

Date & Time: Wednesday, 11/1 • 7 a.m. - 6 p.m.

Price: \$100 for members • \$120 for non-members

(08) Albert Kahn Architectural Tour and Parade Company Studio Tour

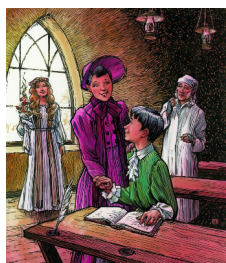


You will enjoy a behind-the-scenes look at the Parade Company Studio, including the Parade's fascinating history and explore the 200,000 square-foot storyland of floats and see how award-winning artisans bring them to life. We'll have a chance to see the world's largest collection of papier-mâché heads that resemble local icons and famous characters, as well as the costume shop that warehouses

over 3,000 costumes designed and created in Detroit. Following the tour, we'll have lunch at Shields Pizza in Midtown, followed by the Albert Kahn motorcoach architectural tour. This trip includes motor coach transportation from SVSU, Parade Company tour, Albert Kahn motorcoach architectural tour and lunch at Shields Pizza Bar Pizzeria.

Date & Time: Wednesday, 11/15 • 7 a.m. - 6 p.m.

Price: \$115 for members • \$135 for non-members

(09) A Christmas Carol at Meadowbrook and Big, Bright Light Show

The original Christmas ghost story, *A Christmas Carol*, recounts Charles Dickens' Victorian-era tale of mean old Ebenezer Scrooge and his visit by the spirits of Christmas Past, Christmas Present and Not Yet to Come, who seek to show him the route to kindness and compassion. Join OLLI to celebrate this holiday classic with adaptation and staging by Charles Nolte, running at Meadowbrook for the 38th year in a row! We will also have time to enjoy the holiday spirit in downtown Rochester for their "Big, Bright Light Show."

Our dinner will be at The Meeting House, a cozy and contemporary restaurant with a view of the downtown lights. This trip includes motor coach transportation from SVSU, dinner, tickets to the performance and some free time to stroll downtown.

Dinner is the only meal included in trip price, so please plan accordingly.

Date & Time: Wednesday, November 29 • 11 a.m. - 10 p.m.

Price: \$140 for members • \$160 for non-members

(10) Starbright Christmas 2023 at Victoria Playhouse, in Petrolia, Ontario

Just in time for the holidays, this performance is filled with the glorious music of the season, *Starbright Christmas*, at the Victoria Playhouse Petrolia and has all the makings of an old-time Christmas special. With gowns, stunning musical arrangements and the spirit of Christmas, find out for yourself why patrons return year after year for this glorious holiday tradition. The show is filled with traditional Christmas songs and is a visual spectacle — there are approximately 40 lit up trees, generally a cast of six, plus a full band. It's a breathtaking performance and symbolizes the start of the holiday season. Prior to the performance, you will enjoy a

lunch at Crabby Joes. This trip package includes motor coach transportation, a performance and lunch at Crabby Joes. ***You MUST BRING either an "enhanced driver's license" or your passport to cross the U.S./Canada border by motorcoach.***

Date & Time: Wednesday, 12/6 • 7 a.m. - 6 p.m.

Price: \$160 for members • \$180 for non-members

FALL 2023 CLASSES

ARTS & CRAFTS

(101) Art Appreciation: Modernism in Europe and America

Join Andrea Ondish, the Marshall M. Fredericks Sculpture Museum's curator of education, to learn about Modernism in Europe and America: Art Nouveau, Cubism, Expressionism, Dada, Surrealism and Futurism.

Instructor: Andrea Ondish

Date & Time: Wednesdays, 11/1, 11/8, 11/15 • 1 - 3 p.m.

Location: A 105

Price: \$35 for members • \$55 for non-members

(102) Warmbier Farms Décor

Holiday Wreath (102a): A delightful mix of silk winter greens and berries, this wreath is a great way to welcome the holiday season!

Holiday Centerpiece (102b): The perfect size for your holiday table, this beautiful silk centerpiece will add just the right holiday cheer!

Instructor: Stacey Jezowski, Warmbier Farms

(102a) Date & Time: Wednesday, 11/8 • 12 - 2 p.m.

(102b) Date & Time: Wednesday, 12/6 • 10 a.m. - 12 p.m.

Location: 5300 Garfield Rd, Auburn

Price: \$50 for members per session • \$70 for non-members per session

(103) Create Your Own Original Christmas Delights!

Use as many colors as you would like to make either a small (6") and a medium (9") Christmas tree and/or snowman, OR just one large 12" tree or snowman. You will use glass paints, chips of glass, frits, stringers and other materials to make your own original design and let your imagination go! Your art can be mounted as a stand-up piece or also a tree ornament or sun catcher. More pieces can be made at an additional charge. This is an adorable homemade Christmas gift!

Instructor: Village Glassworks

Date & Time: Wednesday, 11/1 • 10 a.m. - 1 p.m.

Location: 118 W Midland Rd, Auburn

Price: \$75 for members • \$95 for non-members

(104) Basket Making

Baskets, though often used for decoration today, for thousands of years have served as useful containers, custom-made for the task at hand. Join OLLI and make a beautiful and practical basket. There will be two single-day classes. Participants pay a \$35 supply fee (cash or check only) to the instructor for each class.

(104a) Jelly Jar Basket

5" wide and 4.5" high; wire and wooden handle; holds a pint-size jar.

Instructor: Sue Collins

Date & Time: Friday, 10/13 • 12:30 - 4:30 p.m.

Location: GS 113

Price: \$20 for members • \$40 for non-members

(104b) Muffin Basket

9" inches wide and 4.5" high; a pattern for a basket liner that fits this basket will be provided by the instructor.

Instructor: Sue Collins

Date & Time: Friday, 11/17 • 12:30 - 4:30 p.m.

Location: GS 113

Price: \$20 for members • \$40 for non-members

(105) Joy of Painting

Create your own Bob Ross-style masterpiece in just one day! Join Ted Simpson, certified Bob Ross instructor, as he shows you how to paint "happy trees" and "fluffy little clouds." Everyone goes home with a completed painting. All supplies to create a one-of-a-kind canvas are included in the cost of this class. No previous painting experience required.

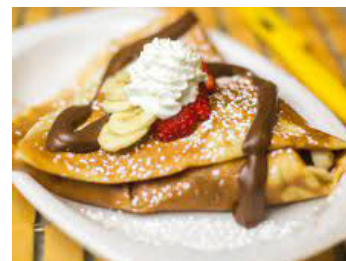
Instructor: Ted Simpson

Date & Time: Wednesday, 10/25 • 1 - 4 p.m.

Location: A 105

Price: \$90 for members • \$110 for non-members

CUISINE

(106) OLLI in the Kitchen: Let's Make Crepes

Crepes are a great make-ahead component that can be used in a variety of ways to prepare savory or sweet dishes for any special occasion. In this workshop, you will learn how to make a variety of crepes and discuss the best way to store them for future use. You will be on your feet and moving around the kitchen throughout the workshop. Lunch is included.

Instructor: Linda Phillips

Date & Time: Wednesday, 11/15 • 10 a.m. - 1 p.m.

Location: Tittabawassee Township Memorial Park Building, Freeland

Price: \$50 for members • \$70 for non-members

(107) OLLI in the Kitchen: Mini Cheesecake Workshop

Learn to make a variety of mini cheesecakes from the same basic batter. By adding just a few different ingredients, we will make an assortment that includes fruit-topped cheesecakes, cheesecake almondine, chocolate cheesecake and others. These can be made ahead and frozen for future use, requiring just a few finishing touches to result in a delicious cheesecake assortment for entertaining. Generous samples will be presented during the session, plus an assortment for each participant to take home. You will be

on your feet and moving around the kitchen throughout the workshop.

Instructor: Linda Phillips

Date & Time: Wednesday, 11/15 • 1:30 - 4 p.m.

Location: Tittabawassee Township Memorial Park Building, Freeland

Price: \$50 for members • \$70 for non-members

(108) Delicious – The Ultimate Mexican Cuisine Class

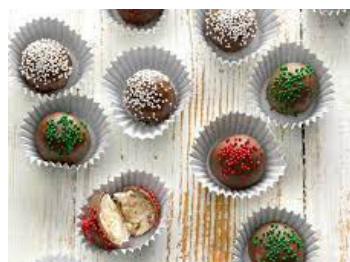
Join Alexandra as she shares with OLLI her talent for making authentic Mexican cuisine. This class will have a detailed explanation of ingredients to be used as we learn how to make enchiladas.

Instructor: Alexandra Delgado

Date & Time: Monday, 11/6 • 11 a.m. - 2 p.m.

Location: Tittabawassee Township Memorial Park Building, Freeland

Price: \$65 for members • \$85 for non-members

(109) Master the Art of Making Gourmet Candies

All you need is some chocolate, some imagination and Sue Smith, aka “Listen to the Mrs.” We will use gourmet chocolate bark to make decadent truffles and other candies just in time for the holidays.

Instructor: Sue Smith

Date & Time: Monday, 12/4 • 10 a.m. - 12 p.m.

Location: GS 115

Price: \$40 for members • \$60 for non-members

FITNESS**(110) Senior Strength Training**

This class is for beginners and anyone already strength training — but want a fun group class to kick it up a notch. The class will have fun variations to exercises you may already be doing. Get ready for a stronger body and entertaining workout.

Instructor: Rachel Winter

(110a) Session 1: Date & Time:

Tuesdays & Thursdays, 9/5, 9/7, 9/12, 9/14, 9/19, 9/21, 9/26, 9/28 • 10 - 11 a.m.

(110b) Session 2: Date & Time:

Tuesdays & Thursdays, 10/3, 10/5, 10/10, 10/12, 10/17, 10/19, 10/24, 10/26, • 10 - 11 a.m.

(110c) Session 3: Date & Time:

Tuesdays & Thursdays, 10/31, 11/2, 11/7, 11/9, 11/14, 11/16, 11/28, 11/30, • 10 - 11 a.m.

Location: Auxiliary Gym (Park in Lot R and enter through the Fitness Center)

Price: \$50 for members per session • \$70 for non-members per session

(111) Free Senior Fitness Test

The Senior Fitness Test is for seniors 60-94 years of age. SVSU kinesiology and occupational therapy students, under the supervision of SVSU faculty, will guide you through each activity. Results and interpretation of these activities will be discussed with you and a copy of this information will be provided to you before you leave. Wear tennis shoes and comfortable clothing.

Instructor: Lisa Brewer

Dates & Times: TBD

Location: SVSU Fitness Center (Park in Lot R and enter through the Fitness Center)

Price: Free for members and non-members

CURRENT AFFAIRS**(112) U.S. Supreme Court: Decisions and Key Issues**

The United States Supreme Court seems constantly in the political and legal spotlight, especially this new year as a new majority of justices begin to consider again some of the most important and controversial issues facing our nation. This course will first review some of the Court's decisions in its most recent term, then consider some of the key issues that will be before the Court in the coming months.

Instructor: Eric Gilbertson

Date & Time: Mondays, 10/2, 10/9 • 10 a.m. – 12 p.m.

Location: Curtiss Hall – Banquet Room C

Price: Free for members

FOOD AND BEVERAGE**(113) Just the Facts, Ma'am**

We're tossing aside pretension and subjective, fancy tasting descriptions to begin our journey with the basics of wine character. We'll explore the definitions of terms like sweet/dry, oaked/unoaked, tannin, acidity — all to help you get a better understanding of why you like the wines you like and where to go from here. This class includes information, wine tasting and charcuterie.

Instructor: Ann Puszykowski,
Territory Manager Mid-Michigan,
Bay Region, Woodberry Wine

Date & Time: Monday, 10/2 • 4 - 5:30 p.m.

Location: Nino's Family Restaurant, 1705 Columbus Ave, Bay City

Price: \$65 for members • \$85 for non-members

(114) “Red (Blend),” She Said

Red Blend is a hugely popular category of wine right now. They're fruity, easy to drink and they appeal to a wide range of palates. We'll explore classic red blends from around the world. You just might discover your new favorite! This class includes information, wine tasting and charcuterie.

Instructor: Ann Puszykowski, Territory Manager Mid-Michigan, Bay Region, Woodberry Wine

Date & Time: Monday, 11/6 • 4 - 5:30 p.m.

Location: Nino's Family Restaurant, 1705 Columbus Ave, Bay City

Price: \$65 for members • \$85 for non-members

(115) Salute! Italia

We're focusing on wines from two regions of northern Italy: Tuscany and Piedmont. Learn the basics of the important grapes and the wines made from them, in these two prime wine regions of Italy. This class is designed with the October Italy trip in mind, so those going on the trip are especially encouraged to attend, though all OLLI members are welcome!

Instructor: Ann Puszykowski, Territory Manager, Mid-Michigan, Bay Region, Woodberry Wine

Date & Time: Monday, 9/25 • 4 - 5:30 p.m.

Location: Nino's Family Restaurant, 1705 Columbus Ave, Bay City

Price: \$65 for members • \$85 for non-members

(116) Leaman's Green Applebarn

Join OLLI as we tour and learn about Leaman's Green Applebarn. For 125 years and seven generations, the Leaman family has nurtured and tended the family farm. In 1889, John Welzein Sr. and Sophie Paulitz Welzein came to America from Germany and bought 14.5 acres of land. Starting out as a fruit stand, Leaman's Green Applebarn has grown into a family-fun destination spot.

They have expanded from 14 acres to a total of 100 acres, and 10 acres of trees throughout the years. On this tour, we will have several activities, including you-pick apples, watching an old-fashioned cider press, enjoying a hayride and snacking on cider and donuts.

Instructor: Leaman's Green Applebarn staff

Date & Time: Friday, 10/20 • 11:15 a.m. - 1:30 p.m.

Location: 7475 N. River Road, Freeland

Price: \$20 for members • \$40 for non-members

GAMES

(117) Bridge Power: Unlock Your Card Playing Potential

Are you ready to learn how to play bridge? Whether you are just starting, returning to the game, or wanting to "test the waters" before playing, sign-up for this class for hands-on learning.

Instructor: Bruce Pynonen

Date & Time: TBD

Location: C 141

Price: \$40 for members • \$50 for non-members

GEOGRAPHY

(118) The Geography of Greece

Located in southern Europe, Greece is made up of the mainland and hundreds of small islands spread throughout the Ionian, Aegean and Mediterranean Seas. Join Evelyn Ravuri as she shares her knowledge of the geography of Greece.

Instructor: Evelyn Ravuri

Date & Time: Wednesday, 10/25 • 10 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(119) The Geography of South America

South America, the fourth-largest continent, is the southern portion of the landmass generally referred to as the New World, the Western Hemisphere, or simply the Americas. In this three-part class, Evelyn Ravuri will break down specific areas with concentration on Andean, South America; the Amazon; and the Southeast region — Rio, Sao Paulo and Buenos Aires.

Instructor: Evelyn Ravuri

Date & Time: Wednesdays, 9/20, 9/27, 10/4 • 10 a.m. - 12 p.m.

Location: C 129

Price: \$40 for members • \$60 for non-members

(120) The Geography of Alaska

This presentation provides an overview of Alaska's geography to provide valuable context for new cruisers to the Last Frontier. Participants will first learn about Alaska's physical geography. Then we will incorporate the history of human interaction with this magnificent landscape. Class participants will gain enhanced understanding of coastal landscapes and settlements that you might encounter on a trip to Alaska. Dr. Frederick W. Sunderman is a member of the SVSU Geography Department. He teaches varied courses in human geography, with an emphasis on landscape history. He has completed 12 journeys to Alaska, mainly to coastal regions.

Instructor: Dr. Frederick W. Sunderman

Date & Time: Friday, 9/29 • 1 - 2:30 p.m.

Price: \$20 for members • \$40 for non-members

Location: C 140

HEALTH AND WELLNESS

(121) Simple Meal Planning

Tired of being caught hungry, unprepared and reaching for the first thing you find in your pantry or on your counters? It's time to learn how to prepare simple meals so you don't give in to the temptation of "I eat what I see." You will learn to prepare and cook meals that follow a healthy balance of protein, fats and nutrient-dense carbs, prepare healthy snacks for traveling and stock staple foods in your freezer and pantry.

Instructor: Alina Warner

Date & Time: Wednesday, 11/15 • 11 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(122) Keep Calm and Carry On

Learn about what stress does to your body and how to recognize it. Leave with clear strategies that help calm your body and mind. We will engage in a fun activity that will certainly brighten your day!

Instructor: Alina Warner

Date & Time: Thursday, 11/2 • 2 - 3 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(123) Kick the Sugar Habit!

Come learn the seven secrets to fighting your sugar cravings. Join certified health coach Alina Warner to discover why you crave sugar at certain times and why sometimes those cravings feel out of control. Master your cravings and kick the sugar habit — without giving up the sweetness.

Instructor: Alina Warner

Date & Time: Thursday, 10/12 • 2 - 3 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(124) Smash Therapy

Come and learn how to blow off some of your stress, anxiety, anger, frustration (you get the idea) with Smash Therapy. As a result of this project, you'll start off with being ready to smash something, but leave with a creative work of art! Calming, fun and artsy for all! Come get smashed! Actually, you do the smashing. So come and smash!

Instructor: Sue Smith

Date & Time: Thursday, 11/2 • 1 - 3 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(125) Treating Pain without Drugs or Surgery

When you feel pain, you may assume that you need surgery or medication to help manage it. Medication can mask the symptoms but does nothing to address the source of pain. Medications can also lead to side effects or interactions with medicine you take for other health conditions. You may be surprised to learn about conservative methods that can provide lasting relief without surgery or medications. Join us for a one-day workshop to learn more! (NOTE: This one-day workshop is offered on *two different dates.*)

Instructor: Mel Svorinic, PT, DPT, Renu Physical Therapy

(125a) Date & Time: Tuesday, 9/12 • 11 a.m. - 12 p.m.

Instructor: Shaun Sullivan, PT, AT, ATC, Renu Physical Therapy

(125b) Date & Time: Tuesday, 11/14 • 11 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(126) Living Well with Arthritis of the Hand

About half of all women and one-quarter of all men will experience the stiffness and pain of arthritis of the hands by the time they are 85 years old. While arthritis can cause difficulty in other areas of the body, arthritis of the hands can be particularly troublesome, as we use our hands for so many important activities and daily tasks. Join us to hear Certified Hand Therapist Christine Clements and Paige Rybak explain different types of arthritis and ideas to help you find relief and return to your favorite activities.

Instructor: Christine Clements, Certified Hand Therapist, OTRL, CHT and Paige Rybak BS, MS, OTRL

Date and Time: Wednesday, 10/18 • 10 a.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

HISTORY

(127) Saginaw Black History

Saginaw has a rich history of the “firsts” by African Americans, including outstanding contributions to the development of the Saginaw Valley in the later 1800s. Learn about the first African American residents in Saginaw and Bay City, professional photographers, a wealthy lumber mill owner and politician, physician, lawyer and graduate of Howard University, local Civil War soldiers, visits by Frederick Douglass and Sojourner Truth and more. Instructor Leo Romo, retired schoolteacher and history enthusiast will lead the discussions on these local important figures.

Instructor: Leo Romo

Date & Time: Wednesday, 10/4 • 10 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(128) How Technology Helped Shape Bay City

As the United States was undergoing the second Industrial Revolution in the late 1800s, entrepreneurs were attracted to the Saginaw River Basin for its access to lumber and ways of moving products to market. They either used or invented technical improvements to corner markets and establish growing industries. Improvements in sawmills, shipbuilding and other industrial applications led

businesses in the Saginaw Valley to become world famous. This class will highlight some of the technologies used by the companies that led to the local industries we see today.

Instructor: Christine Eckerle

Date & Time: Tuesdays, 10/17, 10/24 • 10 a.m. - 12 p.m.

Location: C 129

Price: \$40 for members • \$60 for non-members

(129) Great Moments in the History of Medicine: Heroes and Scoundrels, Part 2

Doctors can be inspirational, heroic figures, sacrificing for the welfare of patients, advancing the health of society through medical research. They can also be scoundrels; putting themselves first to the detriment of their patients and society. Last year, this class covered both types of doctors, with tips on how to recognize each one. This new class will cover all new, feel-good stories about the heroes and cautionary tales about the scoundrels.

Instructor: Louis Constan

Date & Time: Thursdays, 9/28, 10/5, 10/12 • 10 a.m. - 12 p.m.

Location: C 129

Price: \$40 for members • \$60 for non-members

(130) History of the Holocaust, Part 2

This class will cover The Holocaust in Europe from 1942-1945. We will discuss the transformation of the Holocaust from the Killing Fields of the Soviet Union to the creation of the Death Camps to Liberation.

Instructor: Jason Szilagyi

Date & Time: Thursdays, 9/14, 9/21, 9/28, 10/5, 10/12 • 1 - 3 p.m.

Location: B 109

Price: \$50 for members • \$70 for non-members

(131) Nuremberg War Crimes Trial

The course will discuss the creation and implementation of the Nuremberg War Crimes Trial at the end of the Second World War. We will cover the judges, lawyers and defendants.

Instructor: Jason Szilagyi

Date & Time: Thursdays, 10/19, 10/26, 11/2, 11/9, 11/16 • 1 - 3 p.m.

Location: B 109

Price: \$50 for members • \$70 for non-members

(132) Living Behind the Iron Curtain

Alina Warner shares from her experience as a child growing up in communist Romania, witnessing the isolation of the people and the hardship of the totalitarian regime. She remembers living as a teenager through the Revolution that freed the people from the dictatorship of Nicolae Ceausescu. The session will end with a Q&A.

Instructor: Alina Warner

Date and Time: Tuesday, 9/26 • 10 a.m. - 12 p.m.

Location: C 100

Price: \$20 for members • \$40 for non-members

(133) War Crimes: Massacres and Atrocities

In this class, we will look at the crimes that were committed by both sides in World War II. Those committed against civilians, in some cases before the war started, and those committed by Allies before they were Allies.

Instructor: Jim Reha

Date & Time: Mondays, 10/2, 10/9, 10/16, 10/23 •

1 - 3 p.m.

Location: C 140

Price per session: \$35 for members • \$45 for non-members

HOBBIES

(134) Overcoming Genealogical Brick Walls

All family historians encounter roadblocks in their collection of genealogical data. Genealogists refer to these barriers as brick walls. After considering the obvious routes, it's time to consider the less obvious. This class will cover five of the classic brick walls and tactics to overcome them.

Instructor: Leo LeFevre

Date & Time: Wednesday, 10/4 • 10 a.m. - 12 p.m.

Location: C 140

Price: \$20 for members • \$40 for non-members

INSIDE SVSU

(135) Tour of SVSU Zahnow Library

Join OLLI to learn about the unique features the SVSU Zahnow Library has to offer. We will be guided on this tour by Matt Buckley, research & collection development librarian.

Instructor: Matt Buckley

Date & Time: Wednesday, 10/4 • 10 - 11 a.m.

Location: SVSU Melvin J. Zahnow Library

Price: \$20 for members • \$40 for non-members

LOCAL COMMERCE

(136) SK Siltron CSS

Siltron CSS manufactures a specialty wafer made of silicon carbide (SiC) that can be used in the semiconductor power components of electric vehicles. SiC wafers are more efficient at handling high powers and conduction heat than normal silicon. When used in EV system components, this characteristic can allow a more efficient transfer of electricity from the battery to the motor — increasing the driving range of an EV by 5-10%. **Your U.S. passport is required for this tour.**

Instructor: SK Siltron CSS

Date & Time: Wednesday, 9/20 • 10:30 a.m.

Location: 1311 Straits Drive, Bay City

Price: \$20 for members • \$40 for non-members

(137) MDOT Eastside Garage Maintenance Facility

Join OLLI on a tour of MDOT's garage, located off M-81, the largest MDOT garage in our region. On this tour we will tour the sign shop, heavy equipment mechanic area, see the snowplows ready for winter and the salt shed where the salt is stored for winter use.

Instructor: Jason Garza

Date & Time: Monday, 10/23 • 10 - 11:30 a.m.

Location: 3510 E. Washington Rd, Saginaw

Price: \$20 for members • \$40 for non-members

(138) Glastender, Inc.

The family-owned-and-operated Glastender, Inc., is a successful food equipment manufacturing business located in Saginaw. It was established in 1969 by its founder and CEO, Jon D. Hall, who invented the world's first automatic rotary glass washer. The cutting-edge glass washer design saved space and eliminated wasted steps for bartenders. Join the guided tour of Glastender's manufacturing facility.

Instructor: Glastender, Inc.

Date & Time: Wednesday, 10/18 • 10:30 a.m.

Location: 5400 N. Michigan, Saginaw

Price: \$20 for members • \$40 for non-members

(139) Historic Masonic Temple



The 130-year-old Historic Masonic Temple building is an architectural gem in the heart of Bay City. For over 100 years, it served as the home of Joppa Lodge Masons. In 2005, it was purchased by the Bay Arts Council. Today, the building is owned by the Friend of the Historic Masonic Temple, which is dedicated to the mission of preserving and restoring the building while working to establish a community school for the arts.

Instructor: Historic Masonic Temple

Date & Time: Wednesday, 11/8 • 10:30 a.m.

Location: 700 N. Madison, Bay City

Price: \$20 for members • \$40 for non-members

SAFETY AND PREPAREDNESS

(140) Active Shooter Preparedness

Do you know what to do in the event of an active shooter? In an effort to enhance safety and preparedness, OLLI is offering a class for this situation. This class was created by experienced SVSU law enforcement officers.

Instructor: Ryan Persails, SVSU Police Officer

Date & Time: Monday, 9/18 • 11 a.m. - 12:30 p.m.

Location: C 129

Price: Free for members • \$20 for non-members

(141) Self-defense Training

Self-defense is much more than knowing how to protect yourself physically. In this class, you will acquire the tools for better awareness, assertiveness, verbal confrontation skills, safety strategies and physical techniques that enable someone to avoid, escape, resist and survive a violent attack. This class is intended for female participants only.

Instructor: Kyle Barber, SVSU Police Officer

Date & Time: Wednesday, 9/27 • 8:30 - 10:30 a.m.

Location: R 244

Price: \$20 for members • \$40 for non-members

MEDITATION AND SELF HELP

(142) Normal Aging or NOT Normal Aging

Participants learn some of the effects of aging on the brain and how to identify what is normal and what may be cause for concern.

Instructor: Kristal Corrion, CDP CADDCT, Senior Advisor

Date & Time: Thursday, 9/28 • 1 - 3 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(143) Sense of Aging – An Empathetic Dining Experience

Participants experience an assimilation of the aging process through a dining experience and using props that will help them understand what someone living with dementia may be experiencing. Snacks will be provided.

Instructor: Kristal Corrion, CDP CADDCT, Senior Advisor

Date & Time: Thursday, 10/26 • 1 - 3 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(144) Self-Care for the Caregiver



Participants will learn the importance of self-care for the caregiver and some tips for the holiday season.

Instructor: Kristal Corrion, CDP CADDCT, Senior Advisor

Date & Time: Thursday, 11/16 • 1 - 3 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(145) Mindfulness Meditation

Mindfulness meditation helps us learn to live in the present moment with nonjudgmental awareness and acceptance of what is. It helps us to flow more easily with the ups and downs of our lives. It is a practice that helps us to create a more peaceful mind and a heart open to deeper wisdom. Nan Spence holds master's degrees in counseling and theology, and has trained for over 20 years with nationally recognized teachers.

Instructor: Nan Spence

Date & Time: Tuesdays, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24 • 10 - 11:30 a.m.

Location: C 140

Price: \$50 for members • \$70 for non-members

(146) Centering Prayer

Centering Prayer is a simple method during which we open ourselves to God and consent to God's presence and action within us. It prepares our hearts and minds to experience a deeper relationship with the Divine In-dwelling Spirit that resides at the center of our being. It presents ancient Christian teachings in an updated form. Nan Spence is uniquely qualified to teach Centering Prayer. She holds

master's degrees in counseling and theology and works as a psychotherapist and meditation teacher in the region. She studied Centering Prayer with Fr. Thomas Keating, a Cistercian Monk who designed this form of prayer.

Instructor: Nan Spence

Date & Time: Thursday, 10/19 • 9 a.m. - 1 p.m.

Location: C 140

Price: \$20 for members • \$40 for non-members

(147) Aiding the Aging

Instructor Sue Smith will discuss topics such as aging in place, dealing with grief and keeping occupied using these basic six components — spiritual, physical, social, exercise, emotional and occupational. All these elements are vital and necessary for a vibrant activity program and happy seniors.

Instructor: Sue Smith

Date & Time: Wednesday, 10/4 • 10 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

MUSIC AND DANCE

(148) Unlock Your Tap Dance Potential

This amazing new class is for those who have experience or always wanted to learn to tap dance. We will be doing warm-ups, across the floor, special tap combinations and even learning a routine in this inspiring 4-week course. Comfortable clothing, tap shoes, soft sole shoes or tennis shoes. Tappers can dance at their own level. Each step can be modified for the level in which you are comfortable.

Instructor: Megan Carigan

Date & Time: Wednesdays, 9/6, 9/13, 9/20, 9/27 • 1 - 2 p.m.

Location: Rhea Miller Recital Hall at SVSU

Price: \$40 for members • \$60 for non-members

(149) Learn How to Play a Guitar

Have you always wanted to play the guitar? This four-week course will provide you with all the fundamentals you need to start playing! It is not necessary to have any previous music experience. Students will learn the parts of the guitar, the names of the strings, tuning, plectrum (guitar pick) technique and strumming. The course also covers the basics of music theory through topics such as reading music notation (as it applies to the guitar), notes in first position, chords, simple rhythms, scales and songs. This course will prepare students for a lifetime of making music for their own enjoyment and the enjoyment of others. Bring your own (or we will have one for you to borrow) six-string, acoustic (can be nylon or steel string) guitar and music stand. The class book (Mel Bay's *Modern Guitar Method Grade 1*) can be purchased from the instructor at the first class, or you can purchase the book independently. Plectrums will be provided by the instructor.

Instructor: Monica Borrello

Date & Time: Wednesdays, 9/13, 9/20, 9/27, 10/4 • 1:30 - 3 p.m.

Location: C 129

Price: \$50 for members • \$70 for non-members

(150) Beginning Ukulele

Johnny Hunt has taught over 250 people how to play by starting at ground zero — you will be playing your ukulele by the conclusion of these lessons! Ukuleles will be made available for the class if you do not have one.

Instructor: Johnny Hunt

Date & Time: Tuesdays, 9/5, 9/12, 9/19, 9/26, 10/3, 10/10 • 1 - 2:30 p.m.

Location: C 140

Price: \$50 for members • \$70 for non-members

(151) The Beatles – Story of Paul McCartney

This class will present fun facts about the Fab Four's Paul McCartney that you may, or may not, know. Learn a bit about McCartney's life and famous career.

Instructor: Marianne Bird

Date & Time: Wednesday, 10/25 • 10 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

**(152) New Member Orientation**

Let's get acquainted! We are inviting all new members (and veteran members too if you want a refresher) to learn the ins-and-outs of SVSU OLLI. Meet the OLLI staff, who will discuss the OLLI organization, classes and trips.

Instructor: Heather O'Hearn

Date & Time: Thursday, 9/7 • 1 - 2 p.m.

Location: C 129

Price: Free for members • \$70 for non-members (includes an OLLI membership)

(153) OLLI Travel Orientation

Are you ready to venture into group travel with OLLI, but want to know more? Join us for this introduction to travel and learn what it is like to travel with a group, how to sign up for day trips and extended excursions, what to expect on your adventure, how to plan for your trip, why you should consider travel protection and why you would travel with OLLI. From the streets of Detroit to the pastures of Ireland, OLLI will take you to the places you have only dreamed about before.

Instructor: Shelley Wegner

Date & Time: Thursday, 9/7 • 2:30 - 3:30 p.m.

Location: C 129

Price: Free for members • \$70 for non-members (includes an OLLI membership)

SCIENCE

(154) The Forensic Science behind the JFK Assassination



We will examine the JFK assassination through the lens of forensic evidence: photographs and videos, autopsy reports and governmental documents. We will also look critically at common theories on assassination.

Instructor: Elaine Daugherty

Date & Time: Mondays, 12/4, 12/11 • 6 - 8 p.m.

Location: C 224

Price: \$35 for members • \$55 for non-members

TECHNOLOGY

(155) “Technology Tuesday” – Everything You Need to Know About a Ring Doorbell

Are you curious about a Ring Doorbell? Would you like to peek under the covers at other Ring Home Security Products? This Technology Tuesday session will demonstrate several Ring Home Security products.

Instructor: Larry Emmons

Date and Time: Tuesday, 11/7 • 1 - 3 p.m.

Location: C 140

Price: Free for members • \$20 for non-members

(156) Password Manager

Everything we use today has a username and password, but how are you supposed to remember all those accounts? This class will provide an overview of password managers available to manage all those pesky accounts. We will cover how to create, change and make passwords that are as secure as possible and how to secure your accounts with two-factor authentication.

Instructor: Kelley Gray

Date & Time: Wednesday, 10/11 • 12:30 - 2:30 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(157) How to Buy and Sell on the Internet

Buying and selling online is a lot different than your typical store interaction. In this class, you will learn how to create an eBay account, search for items and complete transactions. In addition, you will also learn about other online marketplaces such as Craigslist and Facebook Marketplace. In the second half of the class, you will learn how to sell an item. This includes making your item stand out and dealing with other issues that are specific to online selling.

Instructor: Gary Holick

Date & Time: Tuesday, 9/19 • 6 - 9 p.m.

Location: C 141

Price: \$25 for members • \$45 for non-members

(158) Viruses and How to Clean Your Computer

Viruses, malware and spyware are all scary computer terms you may not be familiar with. Learn what it all means and how you can prevent it. In addition, you will also learn how to remove it from your computer so that your computer runs to the best of its capabilities.

Instructor: Gary Holick

Date & Time: Wednesday, 10/18 • 6 - 9 p.m.

Location: C 141

Price: \$25 for members • \$45 for non-members

(159) Cloud Storage

Do you want to learn how to back up your important digital information to ensure it doesn't get lost? Backing up photos, documents and other information is easy and convenient with the help of cloud storage.

Instructor: Gary Holick

Date & Time: Thursday, 11/9 • 6 - 9 p.m.

Location: C 141

Price: \$25 for members • \$45 for non-members

(160) Microsoft Excel

This course will introduce students to spreadsheets and the fundamental concepts.

Instructor: Gary Holick

Date & Time: Tuesdays, 11/7, 11/14 • 6 - 9 p.m.

Location: C 141

Price: \$45 for members • \$65 for non-members

(161) Microsoft Word

Learn the basic features of Microsoft Word. We will learn Word basics, creating and managing documents, entering and editing text, modifying text, adding simple graphics and inserting and modifying diagrams.

Instructor: Gary Holick

Date & Time: Tuesdays, 11/28, 12/5 • 6 - 9 p.m.

Location: C 141

Price: \$45 for members • \$65 for non-members

TRAVEL

(162) A Lens on the World

We'll explore how to use photography to enhance your travel adventures and capture your most cherished moments. Please bring 10 of your favorite travel photographs to class, in either digital or print format.

Instructor: Dr. Deborah Huntley

Date & Time: Monday, 10/16 • 10 a.m. - 12 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(163) Pack your Bags

This class will discuss everything from packing lists, packing cubes, luggage, carry-ons, tech gear, travel documents, travel apps, roll vs. fold, as well as a variety of travel tips.

Instructor: Susan Zazo, Travel Expert

Date & Time: Thursday, 10/5 • 5:30 - 7:30 p.m.

Location: C 129

Price: \$20 for members • \$40 for non-members

(164) Collette Compass Travel App

The Collette Compass travel app provides you with a wealth of travel knowledge.

Instructor: Kelley Grey

Date & Time: Wednesday, 10/18 • 2 - 3:30 p.m.

Location: C 129

Price: Free for members • \$25 for non-members

(165) EF Go Ahead Travel App

Easily manage your travel experience on the go..

Instructor: Kelley Grey

Date & Time: Wednesday, 10/18 • 12 - 1:30 p.m.

Location: C 129

Price: Free for members • \$25 for non-members

(166) Everyday Helpful Travel Apps

The apps covered in this workshop may help make your trip a little less stressful. WhatsApp, Currency Converter and Google Maps will allow you to get around the streets, make sure you don’t pay too much for an item and text and call your family and friends via Wi-Fi instead of cellular data.
Instructor: Kelley Grey
Date & Time: Wednesday, 11/1 • 1 - 3 p.m.
Location: C 129
Price: Free for members • \$20 for non-members

WATCH AND DISCUSS

(167) Star Trek: Watch and Discuss

Professor Christina De Clerck-Szilagyi will lead the viewing and discussion of episodes of Star Trek in which the Roddenberry Ideal of a positive and humanist future was used to comment on the society of the era. Theme and episodes TBD.
Instructor: Christina De Clerck-Szilagyi
Date & Time: Tuesdays, 10/17, 10/24, 10/31, 11/7 • 1-3 p.m.
Location: C 129
Price: \$36 for members • \$56 for non-members

(168) I, Claudius (Part II)

Christina De Clerck-Szilagyi looks at the 1976 BBC adaption of Robert Graves’ classic novel telling the story of the Julio-Claudian Caesars,
Instructor: Christina De Clerck-Szilagyi
Date & Time: Tuesdays, 9/12, 9/19, 9/26, 10/3, 10/10 • 1-3 p.m.
Location: C 129
Price: \$36 for members • \$56 for non-members

(169) Universal Monster Movie Dracula

Watch and discuss class will cover a generalized history of the character created by Bram Stoker and how this was adapted for the Silver Screen.
Instructor: Jason Szilagyi
Date & Time: Tuesday, 10/31 • 1 - 3 p.m.
Location: C 128
Price: \$20 for members • \$40 for non-members

YOUR PATH TO BETTER HEALTH

(170) Yoga

This class will include building strength in the core, increasing balance, flexibility, and range of motion.
Date & Time: Mondays, 9/18, 9/25, 10/2, 10/9, 10/16 • 1 - 2 p.m.
Location: R 244
Price: \$40 for members • \$60 for non-members

(171) Cardio Dancing

In this class, we will find creative ways to burn calories while moving around to the rhythms of various styles of music.
Date & Time: Wednesdays, 10/18, 10/25, 11/1, 11/15, 11/22 • 10 - 11 a.m.
Location: R 244
Price: \$40 for members • \$60 for non-members

(172) Walking: A Fun, Low-Impact Workout

Walking improves fitness, cardiac health, alleviates depression and fatigue, improves mood, creates less stress on joints and reduces pain.
Date & Time: Fridays, 10/6, 10/13, 10/20, 10/27, 11/3 • 10 - 11 a.m.
Location: R 244
Price: \$40 for members • \$60 for non-members

REGISTRATION FORM

REGISTRANT #1

Name

Address

CityStateZIP

Email

Phone

Class #	Class / Trip Title	Fee

Membership – \$70 ☐ New ☐ Renewal

Total

REGISTRANT #2

Name

Address

CityStateZIP

Email

Phone

Class #	Class / Trip Title	Fee

Membership – \$70 ☐ New ☐ Renewal

Total

METHOD OF PAYMENT

☐ Check Enclosed (payable to SVSU)
Mail to: OLLI at SVSU • 7400 Bay Road • University Center MI 48710

Charge to: ☐ Visa ☐ American Express ☐ MasterCard ☐ Discover
To register by phone with credit card, call (989) 964-4475
Online registration available at svsu.edu/olli

Card NumberExpiration Date

Name on Card3-Digit CVS Code



SV SAGINAW VALLEY
SU STATE UNIVERSITY
Osher Lifelong Learning Institute
201 Curtiss Hall
7400 Bay Road
University Center MI 48710

How to Register

- **Online**

You may register online by visiting svsu.edu/olli. You must first create a profile and then you can register as a member or non-member. If you wish to purchase a membership to receive the member rate, make sure you select and purchase the membership BEFORE you purchase a class or trip.

- **By Telephone**

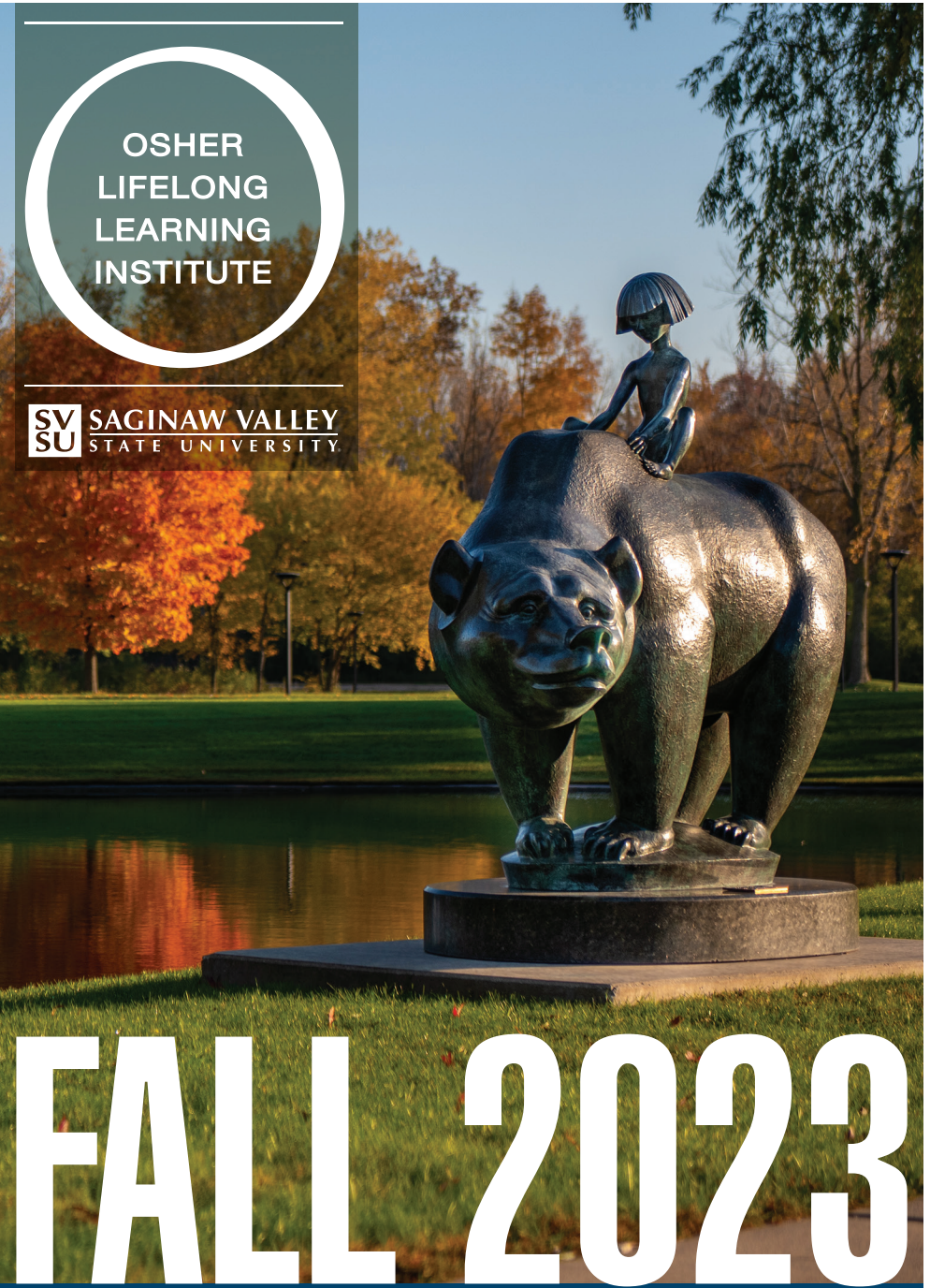
Call the OLLI office Monday through Friday from 8 a.m. to 4:30 p.m. at (989) 964-4475.

- **In Person**

Stop by the OLLI office in room 201 in Curtiss Hall during business hours with your completed registration form.

- **By Mail**

Complete the registration form and mail it to the address on the form. Mail-in registrations will be processed AFTER registration opens on an as-possible basis.



DAY TRIPS & CLASSES FOR ADULTS 50+

Registration begins

Tuesday, August 22 at 8:30 a.m.

[SVSU.EDU/OLLI](https://svsu.edu/olli) | 989.964.4475